Fleet Feet Sports Summer Speed Sessions
June 2 – August 18 2009
Tuesday 6am @ Christi Presbyterian Academy and Tuesday 6pm @ East Literature, East Nashville

First Name Last Name

Address

City State Zip Code Age Gender

Email Address

Technical Shirt Size: Men's __ Women's __ Small __ Medium __ Large __ X-Large __

$50 – Cash, check (credit card option in-store only)

I know that running is a potentially hazardous activity. I should never run unless I am medically able and properly prepared. I assume all the risks associated with running in these weekly workouts. I waive the release of all sponsors from all claims of liabilities of any kind arising out of my participation in these workouts even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I have consulted with my physician also, before this program and have been released from care.

Signature Date

INITIALS _____ PAID _____ (cash, check, credit)